



WHAT IS THE G-FORCE? AND WHAT DOES IT DO?

THE G-FORCE CONSISTS OF TWO STUDENTS FROM EACH CLASSROOM OR HOMEROOM. THEIR JOB IS TO CREATE AN ATTITUDE OF GRATITUDE WITHIN THE SCHOOL AND TO MAKE SURE EACH SCHOOL EMPLOYEE RECEIVES EXPRESSIONS OF GRATITUDE THROUGHOUT THE SCHOOL YEAR, NOT JUST ON THEIR APPRECIATION DAY.

G-FORCE 3 tasks

1. Give your contact information to your school's G-Force Adviser. Be sure to share the best way to communicate with you. This will ensure you know what is being asked of you for the monthly assignments.

- At least twice a month, show appreciation in one of three ways:
 - You and the other G-Force member go together to thank a staff member in the group assigned to your class
 - Each G-Force member selects a classmate to go with them to thank a staff member
 - Select two classmates to go together to thank a staff member in the group assigned.

** each of these options can also be done individually.*
- Your goal is to make sure everyone in your class expresses appreciation to school employees throughout the school year.

SERVING ON THE G-FORCE IS FUN AND REWARDING! YOU'RE HELPING TO TRANSFORM THE CULTURE OF YOUR SCHOOL.

Your biggest challenge during the school year will be helping your friends and classmates look for the POSITIVE all around the school. And then encourage them to share it with employees with a Thank You!

When we look for the good, we find it!

You have a chance to win \$100 at the end of each semester if you make at least 6 appreciation contacts throughout the semester.



"GRATITUDE IS ONE OF THE FEW ATTITUDES THAT CAN MEASURABLY CHANGE PEOPLE'S LIVES"-
ROBERT EMMONS

HOW WILL THE G-FORCE PROMOTE AN ATTITUDE OF GRATITUDE?

As a G-Force member, you are tasked with both expressing appreciation to staff members throughout the year as assigned by the G-Force Adviser and getting others in your class to do the same on a weekly basis.

Changing the culture of your school is dependent on how well you do your job. The more involvement you get from your classmates, the more your school will develop an attitude of gratitude.